

# Created for Connection



The Diocese  
of Knoxville  
Office of Marriage  
Preparation & Enrichment

## "Hold Me Tight" Guide for Christian Couples



Are you looking to enrich a healthy relationship, revitalize a tired one, or rescue one gone awry?

We all desire a lifetime of love, support, and companionship, but sometimes we need a little help.

Married and pre-marital couples are invited to join us for this 2-day educational workshop. The workshop will be facilitated by Lee University's Marriage and Family Therapy graduate interns.

**Saturday, March 30, 2019**

10:00 a.m.—5:00 p.m.

and

**Sunday, March 31, 2019**

1:00 p.m.—4:00 p.m.

St. Stephen Church  
7111 Lee Highway  
Chattanooga, TN 37421

**\$40.00** per couple  
For both days  
(Includes lunch on Saturday)

*"As the family goes, so goes the nation and so goes the whole world in which we live."* HOMILY OF JOHN PAUL II Perth (Australia), 30 November 1986

Social skills **SS Grin** workshop will be simultaneously offered for elementary aged children of the couples participating in the **Hold Me Tight** workshop for an additional cost of **\$25 per child**. Includes lunch on Saturday

*Pre-registration required by Thursday, March 21, 2019*

Contact Marian Christiana (423) 892-2310 or [mchristiana@dioknox.org](mailto:mchristiana@dioknox.org)

This educational workshop is not suitable for couples experiencing violence, infidelity, and/or severe mental illness. Contact [Lee University's Marriage and Family Therapy and Play Therapy Center](#) (Lee MFT & PT Center) to request an appointment [info@leemft.org](mailto:info@leemft.org) or 423-614-8112