



The Diocese of Knoxville

Living our Roman Catholic faith in East Tennessee

MEDIA ADVISORY
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Diocese to host pre-Lenten retreat and conferences Renowned spiritual author Father Jacques Philippe to speak

KNOXVILLE---The Diocese of Knoxville will host a pre-Lenten retreat and two spiritual conferences led by internationally renowned spiritual author Father Jacques Philippe at two locations in Knoxville from Feb. 28-March 4.

- Father Philippe will host “Inner Peace: How to Find and Communicate Peace” at the Cathedral of the Most Sacred Heart of Jesus parish hall on Feb. 28 from 7-9 p.m. The cost to attend the conference is \$10.
- Father Philippe will host a three-day pre-Lenten retreat titled “Personal Prayer Life and Deep Relationship with God” at the All Saints Catholic Church parish hall on March 1-3. The cost to attend this three-day conference is \$95.
- Father Philippe will host “How to Grow through Trials and Suffering” at the Cathedral of the Most Sacred Heart of Jesus parish hall on March 4 from 7- 9 p.m. The cost to attend the conference is \$10.

The retreat and conferences are being organized by the Diocese of Knoxville’s Office of Consecrated Life.

“We are excited that Father Philippe is coming to East Tennessee to offer his spiritual insight and guidance,” said Sister Mary Charles Mayer, RSM, director of the diocesan Office of Consecrated Life. “We invite all of the faithful of the Diocese of Knoxville and surrounding dioceses to join us in fellowship and preparation as we begin our observance of Lent.”

Attendees can participate in one or all of the events, but Sister Mary Charles encourages participation in the three-day retreat to allow for a deeper understanding and appreciation of Father Philippe’s message and teaching.

“Personal interior prayer is not a question of technique. It is not a process that can be controlled because it is a meeting with God who infinitely surpasses anything we can achieve through our own efforts,” Father Philippe said in a 2010 interview with SpiritualDirection.com.

With more than one million copies sold in 24 languages, Father Philippe’s writings on themes such as prayer, interior freedom and peace of heart have become classics of modern Catholic spirituality.

For more information on the retreat and conferences please visit the Diocese of Knoxville’s website, dioknox.org, or contact Sister Mary Charles Mayer, RSM, at 865-862-5760 and smarycharles@dioknox.org.

